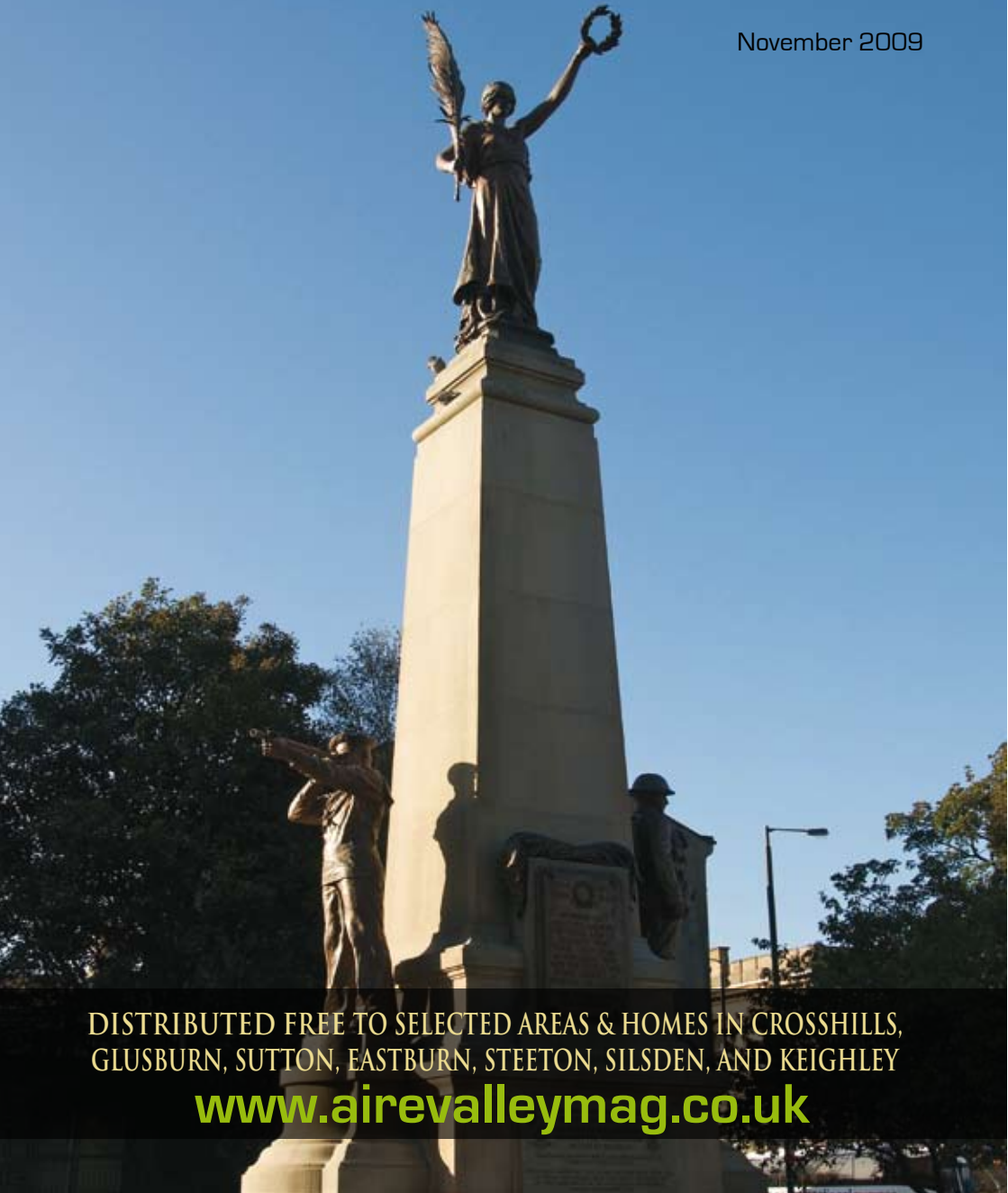




AIRE VALLEY MAG

COMMUNITY NEWS AND LOCAL BUSINESS DIRECTORY

November 2009



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WORTH & AIRE VALLEY MAGS

COMMUNITY NEWS AND LOCAL BUSINESS DIRECTORIES



There is definitely a nip in the air. This is the time of year when I relish lighting the fire and curling up with a book. All the best, Liz

Contact us: 01535 642227

Elizabeth Barker, Editor

We are looking for volunteers to help compile our editorial content and non commercial community pages. Journalism, media studies and graphic design students are welcome as well as mature & computer literate individuals

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Robins' retreat

Any gardener will know that you only have to put a spade or trowel into the ground and a Robin will be there in an instant, singing while you work and waiting for the opportunity to grab a morsel you have uncovered. They are known for being bold and inquisitive.

Why is it that when the leaves fall and you can actually see lots more Robins around, they seem to become more secretive? It is a common belief that this is caused by the rivalry for territory in gardens, and it is certainly apparent. Robins are fiercely territorial and the richer pickings of the well stocked Bird Table are prime sites. No doubt this competition forces them to keep their visits brief.

However, there is another reason. Many of our iconic Christmas Robins spend the majority of their year on the European Continent and migrate here for the milder Winter. (Milder, I hear you say!! Well everything is relative!!) This swells the number, increases competition, and more importantly, the European Robin does not have the same relationship with people as our native Robin.

Why is this? Well it goes back to the days of Wild Boar in Britain – Robins followed them around and as the pigs grubbed up the ground, they provided Robins with a feast. When the Wild Boar were wiped out, fortunately for the Robins, man was there to take over, so they instead followed the spade. This association with Robins is unique to Britain. So if you want to take a photo of a Robin this Winter, it'll be easier if you

SEWING THE SEEDS

Autumn is a very busy, but important period in the agricultural calendar. With silage having been picked up from June – September and wheat harvested in July and August, the ground looks pretty bare. A blank canvas awaits the farmer's decision as to what next year's crop should be. Planning to harvest a crop 10 months in advance seems somewhat optimistic as there are numerous challenges such as the winter weather conditions (frost bite can ruin almost any crop), what markets will be available the following summer, the price of seed and inputs versus returns and finally current ground conditions.

When preparing the land for the crop, it's not just as simple as planting a seed. Firstly, the current crop remains must be destroyed to give new seed better chances. The grass could be killed with a herbicide then ploughed or rotivated. This process turns over the sod of soil as well as breaking it up, a bit like a crumble. Following which additional nutrients are applied in the form of farm yard manure and artificial fertiliser. Then it's time for the seed itself to be planted, having calculated the thousands of seeds required per acre, the seed drill evenly distributes them across the field. This is the point where you'll probably notice a fluctuation in bird numbers – scooping as much 'free' seed as they can.

To prevent patchy uptake of the crop and ensure the seed is firmly bedded in,



the land is rolled. The more compact the soil, the better the germination chances. All the aforementioned processes require stringent thought and precision.

Within a few weeks, the first green shrubs begin to peer through the soil. If you look carefully enough, you'll see the rows in which they were planted. Providing the ground temperature is still relatively warm, moist and has light, the grass seeds will thrive. Following a further fertiliser application and some light grazing, this crop will be ready to be harvested the following summer. Similar, but more complex processes are used to plant vegetables

So, when you see a 'naked' field, remember the processes and nurturing that are needed. When you're shopping at the greengrocer's consider the length of time, the inputs and the thought that was involved to grow these products.

FRESH N FRUITY FAIR TRADE PARTIES

In September we featured a business called Fresh n Fruity; two ladies who sell and deliver organic fruit and veg boxes to local homes. This month we feature their second business venture, the newly formed Fresh n Fruity Fairtrade.

Jane Henry and Dawn Daykin have started this despite the current economic climate, and some may think it a brave or crazy thing to do, but they feel that, on the contrary, it is a good time to start a business.

WHY FAIR TRADE?

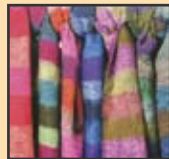
Quite simply the girls say, "We believe that fair is fair. We like to think that we are not responsible for damaging the earth or its population and although our two businesses seem unconnected, we feel that they have a very similar ethos, whereas we acknowledge that organic and locally grown food supports the environment, we also feel that goods traded fairly support people in some of the poorest places on earth. With Christmas around the corner we feel it would be good if some of the benefits reached people who don't often receive very much support."

"We like to buy fair and ethically sourced products and suspect that many people will feel the same."

SO WHY IN THE HOME?

"At the present time many people do not feel it is as affordable to go out with friends as it was in the past; with this in

mind we see our parties as a good night in; invite your friends around, ask them to



bring a bottle or just meet up and browse through our collection of fair trade products."

There is a lovely range of jewellery, bags and scarves and a large and varied selection of gift items starting from as little as £1.50 that make super stocking fillers for Christmas or even a treat for yourself. Many of the products are made from recycled materials and all dyes used are azo-free which create a safer working environment. All jewellery is handmade and individual, therefore giving a wonderful organic feel and all metal used is lead and nickel free.

HOW DOES IT WORK?

"We sell on the night and take cheques or cash and the hostess gets 10% commission in goods, or alternatively we give 10% of the takings as a donation directly to your fundraising beneficiary."

WHY FRESH N FRUITY?

Because we only sell what we ourselves would buy, the quality is good and the prices fair; if we believe in what we sell we feel honest and fair ourselves.

FAIRTRADE IS OUR CUP OF TEA

(or glass of wine!)

WHY NOT MAKE IT YOURS?

Book a party today. Call Jane or Dawn and say you saw it in the Aire Valley Mag!

Jane: 657374 Dawn: 654351



The Aire Valley Business Network is a networking group for business people in the Aire Valley.

The aim is to provide quality referrals to other members to help each other build our businesses and increase our member's profits.

But we're a group with a difference - while we have a structure to our group and meetings, there is no pressure to generate a set number of referrals each month and no membership fee.

We meet on the first Tuesday of each month at the Kings Arms Public House in Silsden, to promote our businesses to each other and gain "moral" support from other members.. as well as doing a bit of socialising. The meetings start at 5.30pm and last an hour which is usually enough time to get through the structured introductions, requests for work and then it is down to each other to network.

We have a website that contains all of our members details, regular newsletters, and information about next meetings. It is undergoing a revamp presently to allow our members to control what goes on the site and what information is available to newcomers. www.avbn.org.uk

We also use the meeting as a forum for exchanging ideas for helping each other out. It is often where the best ideas for fund raising, training and business mentoring come from as well as any business opportunities that may come up!

It's a sociable occasion with a serious message, and we welcome all businesses, new and old to come. **Remember the next event is on the 3rd November.** See you there!

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WINED & DINED

BY CLAIRE SMITH

I probably shouldn't encourage it; falling under a seductive spell of mellifluous sweetness is after all terribly

bad for you. Maybe I shouldn't mention honeycombed sweetmeats that melt on the tongue, or tantalisingly smooth chocolate, or the clouds of spun sugar that threaten to lead one astray; but we are only days away from the carnival atmosphere of bonfire night- crackling flames, roman candles and Catherine wheels; candy-floss, fudge and toffee apples; the scent of frying sausages and mounds of caramelised onions, potatoes baking slowly in the glowing embers of the fire, and pockets stuffed with sweet temptations.

When the air outside is cold and crisp, the sensation caused by the creamy embrace of a soft caramel pillow or the deep, crumbly butteryness of fudge is hard to resist. Though I find it difficult to decide just where my allegiance lies when it comes to choosing between the two, fudge definitely has the edge for me. Both are mouthwateringly creamy, but caramel can cause havoc if it gets wedged in your teeth, whereas a satisfying square of gloriously golden fudge melts slowly, possessing a crystalline fragility when in the mouth. It does need to be freshly made though; beware of fudge that is loaded with too many extras; if the sell by date says, "consume this century"; don't bother.

From the smooth sophistication and dreaminess of fudge and caramel (butterscotch and treacle toffees fall into the same category) one might naturally progress to the ethereal realms of honeycomb, or cinder toffee as it is otherwise known. The alchemy involved in the process of making honeycomb lends an air of mystery to this sweet volcanic eruption. Covered in milk chocolate it is even better; exploring its secret labyrinths through a veil of melting chocolate makes it the champagne experience of the toffee world; the fact that it is so quick and easy to make only adds to the allure.

November brings an abundance of crisp apples to be coated and enjoyed by children and adults alike, and nights when the air will be filled with the sweet scent of waffles, doughnuts and clouds of pink candyfloss, but if you wish to take the sweet element of your bonfire night celebrations to a new level of sophistication try making your own sweet treats and presenting them in pretty boxes or tins to pass around the bonfire; clusters of fruit and nuts embedded in chocolate, and honey and nut chocolate tuiles to accompany steaming mugs of hot chocolate; cubes of soft buttery fudge to serve with coffee, strips of white chocolate "bark", studded with apricots, macadamia nuts and raisins and bite size cubes of ginger cake and treacle sponge. Sweet morsels that help to release the inner child whilst fireworks pepper the skies with shimmering colour and dancing light.

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Visit the Poppy Travel website for details at www.poppytravel.org.uk.

In Flanders Fields

By: Lieutenant Colonel John McCrae

In Flanders Fields the poppies blow
Between the crosses, row on row,
That mark our place; and in the sky
The larks, still bravely singing, fly
Scarce heard amid the guns below.
We are the Dead. Short days ago
We lived, felt dawn, saw sunset glow,
Loved, and were loved, and now we lie
In Flanders fields.

Take up our quarrel with the foe:
To you from failing hands we throw
The torch, be yours to hold it high.
If ye break faith with us who die
We shall not sleep, though poppies grow
In Flanders fields.

Firework Code

- Only buy fireworks marked BS 7114.
- Don't drink alcohol if setting off fireworks.
- Keep fireworks in a closed box.
- Follow the instructions on each firework.
- Light them at arm's length, using a taper.
- Stand well back.
- Never go near a firework that has been lit. Even if it hasn't gone off, it could still explode.
- Never put fireworks in your pocket or throw them.
- Always supervise children around fireworks.
- Light sparklers one at a time and wear gloves.
- Never give sparklers to a child under five.
- Keep pets indoors.
- Don't let off noisy fireworks after 11pm.

www.direct.gov.uk/fireworks

**FIREWORKS
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ALWAYS FOLLOW THE CODE

The Oakworth in Bloom Group have again been working hard at Holden Hall this year. The flower beds which were created last year have filled out and now look better than ever. Best of all, and with the support of Oakworth Forward and the Village Society, the area between the hall and the pavement was terraced and planted - what a transformation! The materials used look like traditional sleepers - in fact, they are recycled plastic; a product increasingly in use across the Dales Park. The Group's hard work was recognised when Holden Hall was awarded a Silver Gilt award by Yorkshire in Bloom, with the judge recognising the commitment and enthusiasm of the volunteers both in carrying out the work, and in raising the funds to continue with it. New ideas are always welcome, as is an extra pair of hands. 01535 644001



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In 2006 Gareth Harrison decided to leave his technical consultant post in a large nationwide IT company to start his own business. He had a simple mission in mind: make top quality IT consultancy and support more affordable, yet never compromise on quality.

Based at Gareth's home in Haworth initially, Motion IT Consulting Limited, quickly outgrew the space available, moving to Keighley Business Centre on South Street in 2007. The core team of four, plus specialist associate consultants, is deservedly proud of the company's track-record. Their commitment to the original mission is demonstrated through achieving **Microsoft Gold Certified Partner** and **Small Business Specialist** status two years running, as this requires on-going training & development, and relies upon customers submitting quality references directly to Microsoft.

Using the wealth of experience gained in working with larger organisations, 'Motion ITC' launched **CloudfreeIT** to raise the standard of IT support for local Small Businesses. CloudfreeIT's services are tailored to meet individual business requirements, by offering **first-class on-site support on an 'ad hoc' no contract basis**. Phone & remote support, systems

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management and maintenance services are available through cost-effective agreements. **You only pay for the services you need.**

Gareth says, "Without your own IT staff 'in-house', it is tempting to try to manage things yourself, calling for support only when you're really stuck. It's likely to work out more expensive in the long run though, because of the impact on your business efficiency and, ultimately, your profitability. IT doesn't have to be this way!"

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So what is it that makes CloudfreeIT so refreshingly different? Sales Director, Michelle Thompson says it's because "...we're clear about our prices upfront. We don't just fix problems — we go much further, ensuring the preservation & security of the customer's data and offering advice to help prevent future problems. We don't hide in a faceless call centre, and we *all* care deeply about our customers. **We really are the human side of IT!**"

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it's better to work in blocks of 6 hours a day to really get to grips with the job; and because we want to contact both working and non-working people too, you will need to do some work in the evening and at weekends. We usually ask you to be available for a minimum of 2-3 days a week.

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Keighley Cenotaph

THE ROYAL BRITISH LEGION is the national custodian of Remembrance, a role which ensures that those who gave their lives for peace and freedom are remembered. The act of observing a Two Minute Silence began in 1919 following the Armistice at 11am on the 11th November 1918 at the end of the First World War. In 1921, the year the Legion was formed, 'Armistice Day' was formally adopted as the national day of Remembrance and the Legion was charged in its Royal Charter with organising "Festivals of Remembrance, services and parades to perpetuate the memory of sacrifices made during service with Our Armed Forces in war and peace".

In the 87 years which have passed since then, the Legion has been responsible for organising national, regional and local ceremonies of Remembrance to reflect the nation's concern that the human cost of war should not be forgotten. At national level these include:

The annual Poppy Appeal.

Every year the Legion mobilises a countrywide network of Poppy Appeal collectors to meet the enormous public demand for poppies – the nation's symbol of Remembrance.

The Two Minute Silence at 11am on 11th November when the nation pauses to honour those who gave their lives for peace and freedom. The Legion has been instrumental in reinstating this in the nation's calendar.

This year marks the 65th Anniversary of D-Day and The Royal British Legion held special events to reflect this.

The annual Festival of Remembrance.

Every year the Legion organises a festival at the Royal Albert Hall to pay tribute to all those who have given their lives for our peace and freedom.

The Parade and Service at the Cenotaph in Whitehall on Remembrance Sunday organised by the Government and the Legion.

Remembrance is not just about those who fought in the two World Wars of the last century, but also about those involved in the many other conflicts worldwide since 1945 and those still fighting for peace and freedom now. It is also about learning from the past and resolving to make the world a better place to live in the future.



Ian Wilson, President of the Keighley chapter of the Royal British Legion and a positive agent for action and support.



Hayley Westenra and Dame Vera Lynn launch the 2009 Poppy appeal.

Forces sweethearts from yesterday and today joined hands to launch the 2009 Poppy Appeal in support of the Afghan generation of Armed Forces wounded and bereaved.

Dame Vera Lynn, the original Second World War Forces sweetheart who is once again at the top of the British charts, was joined by Kiwi songbird Hayley Westenra in launching the Poppy Appeal with a fundraising goal of £31 million.

Launching the campaign in a colourful ceremony from London's Horse Guards Parade, well known venue for the annual Trooping the Colour, Dame Vera was joined by the Regimental Band of the Irish Guards and members of the Queen's Life Guards in full state ceremonial regalia.

My songs were very popular when the boys were away, and now the boys are away again and my songs are popular again," said Dame Vera, 92. "I hope the British public support the Poppy Appeal and for their sake, please wear a poppy."

"The Royal British Legion is the leading UK charity providing direct, practical support for our wounded heroes and bereaved Armed Forces families," said the Legion's Director of National Events and

Fundraising, Russell Thompson OBE. "The past 12 months of bloody conflict have increased the need for our help both today and for years to come."

Since 2003, the Legion provided financial help to 10,000 Service personnel and recent veterans of Iraq and Afghanistan. "We represented one-third of all the appeals for higher compensation payments for injuries suffered in Afghanistan," Mr Thompson said. "And, our campaigns have led to increased compensation awards which have placed an extra £7.5 million in the pockets of the most seriously injured."

The Legion currently spends more than a £1 million a week in its work helping over 130,000 other members of the Armed Forces Family – dependents, veterans and the bereaved. This year it hopes to extend its reach more than 160,000 beneficiaries. "In order to fund this work we would like this year's Poppy Appeal to equal last year's record total of £31 million," Mr Thompson said.



The Royal British Legion's 2009 Poppy Appeal targets support for the wounded and bereaved of Afghanistan with a sobering poster campaign featuring a young war widow and a Royal Marine double amputee, both of them attending the Appeal launch.

Using the motto, 'For their sake, wear a poppy', the Poppy Appeal poster campaign also for the first time features a coffin being repatriated from Afghanistan.

<http://www.britishlegion.org.uk>

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Church notice BLOOPERS
These funny notices actually appeared in church bulletins or were announced in services:

1. The Fasting & Prayer Conference includes meals.
2. The sermon this morning: "Jesus Walks on the Water." The sermon tonight: "Searching for Jesus."
3. Ladies, don't forget the rummage sale. It's a chance to get rid of those things not worth keeping around the house. Bring your husbands.
4. The peacemaking meeting scheduled for today has been cancelled due to a conflict.
5. Remember in prayer the many who are sick of our community. Smile at someone who is hard to love. Say "Hell" to someone who doesn't care much about you.
6. Don't let worry kill you off, let the Church help.
7. Miss Charlene Mason sang "I will not pass this way again," giving obvious pleasure to the congregation.
8. For those of you who have children and don't know it, we have a nursery downstairs.
9. Next Thursday there will be tryouts for the choir. They need all the help they can get.
10. The Rector will preach his farewell message after which the choir will sing: "Break Forth Into Joy."
11. Irving Benson and Jessie Carter were married on October 24 in the church. So ends a friendship that began in their school days.

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Sticky Caramel Pecan Cakes

Ingredients:

- 175 g butter (do not substitute margarine)
- 55 g toasted pecans,
- 175 g plain flour
- 1 teaspoon baking powder
- 1/4 teaspoon salt
- 175 g light soft brown sugar
- 2 eggs
- 1 teaspoon vanilla extract
- Sifted icing sugar, for sprinkling (optional)
- Sliced bananas, to serve (optional)
- 1 bag soft chewy toffees
- small tub of single cream



Directions:

- Preheat oven to 180°C/fan 160°C/Gas 4.
- lay out paper cases on baking tray
- Microwave butter, loosely covered, on HIGH 1-1 1/2 minutes or until melted, stirring after every 30-second interval; set aside to cool.
- Toast pecans on a tray in the top of the oven for a few minutes until crisp. Allow to cool and

finely chop pecans

- Add brown sugar, eggs and vanilla extract to melted butter; whisk until combined.
- Add the rest of the ingredients and fold together until combined (do not over-mix). Place one scoop of mixture into each well of prepared pan, dividing mixture evenly. Bake 18-22 minutes or until edges of cakes are golden brown. Remove from oven; cool 5 minutes in pan. Carefully invert cakes onto Stackable Cooling Rack; dust with sifted icing sugar. For toffee sauce, simply melt the toffees and half of the cream together in the microwave on a medium high heat, stirring every 30 seconds until creamy and melted.

Arrange five banana slices in a circle in centre of each serving plate, place 2 cakes on each and top with toffee sauce!

These look fantastic made in the Pampered Chef floral silicone baking pan. You dont need paper cases, nothing will stick, and the cakes come out in beautiful flower shapes - perfect for parties!
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Sun 1st Nov. Sutton Village Bonfire and Fireworks. From 5pm Family event. Food stalls, glo sticks, spectacular display. Crag Lane field. Contact 01535 636639 for more details. Donations at gate.

Thur 5th Nov Royal British Legion Remembrance Service. Garden of Remembrance Town Hall Square, Keighley 11.00 am.

Thurs 5th Nov. Bolton Abbey Fireworks & Bonfire. In support of Manorlands. Gates open 6pm Bonfire: 7.00/7.30pm Fireworks: 8.00/8.15pm Food & Drink Hot fast food - burgers, hot dogs etc. Entertainment, DJ " children's entertainers Face painters, balloons, magicians, clowns, circus acts, etc. Book Now to avoid queues on the night bo Tickets: £6.00 pp (0)1756 718155.

Sat 7th Nov. Bonfire in Bradley. Bradley Green 6pm. £1. pie & peas, including rides & music from Drystone Radio DJ.

Sat 7th Nov. 10am - 12 noon Coffee Morning St James Church Hall, Silsden. Various stalls, cakes, men's and ladies' clothing, books, bric-a-brac etc.

Sat 7th Nov Steeton Male Voice Choir. St Anne's Church, Keighley £5 adult: £3 child Contact: Canon Gilligan 603356

Sun 8th Nov Remembrance Sunday. 9.30 am Parade to Shared Church followed by National Remembrance in Town Hall Square, Keighley at 11.00 am. 618252

Sun 15th Nov Exhibition of paintings by Sutton Art Club. 10am - 4pm. Senior Citizens' Centre, North Street, Sutton.

Sun 15th Nov. Glusburn Institute Art & Craft Fair. 10am-4pm.see more details.

Sun 15th Nov. Keighley Farmers Market at Church Green, Keighley 9:00 - 1:00pm.

Wed 18 Nov. Christmas Cheer at East Riddlesden Hall 5-8pm Christmas late night opening in the shop, discounts and promotions. Tearoom open; Join the



Christmas supper club and shopping evening for a night of festive cheer! 01535 607075 contact: samantha.lawson@nationaltrust.org.uk

Thur 19 Nov Christmas Lights Switch-on. 6.00 pm on Church Green, Keighley. Town Centre Manager 618085

Sat& Sun 21st, 22nd Nov Shakespeare With Punch. A fast moving celebration of the bard. Set in Skipton Castle Granary. A professional presentation by Dean Taylor Associates.

Sat. 7pm Sun. 2pm & 7pm Gates open from 6.30pm For enquiries and bookings contact Box office on 01772 466256

Sat 21st Nov. Veritass Insurance Brokers celebrating 20 years in business with an **Anniversary Party at Sutton Village Hall.** This is a fund raising event for Manorlands Big Wigs Challenge. Tickets £15 incl. pie&pea supper, live band Total Wrex. Ticket only. Contact Veritass on 01535 649150.

Sat 28th Nov. From Laptop to Bookshop, The Mslexia Roadshow: Mslexia is a magazine for women who write. The Mslexia Roadshow offers a day of creative writing opportunities. Book on to events individually or for the whole day. Sponsored by the Bronte Parsonage Museum, Haworth. contact jenna.holmes@bronte.org.uk / 01535 640188 for details.

Keighley and Craven Athletics Club for 6 year olds to any age. Lady Beginners on Thursday nights. Run out of Greenhead School, Keighley, Phone Wendy for further

details 0777 96 96 511

Over 50's Table Tennis Practice for all abilities Keighley Table Tennis Centre, 2nd Floor, Keighley Business Centre, South Street, Keighley, BD21 1SY 12pm - 2pm £3 including cup of tea or coffee. Contact

Are you a community group or not-for-profit organisation? List your events and news in these pages FOR FREE and keep the community up to date with what is happening each month! Contact us with your details: 01535 642227 mail@worthvalleymag.co.uk

Andy Bray 07766 428307 or email andy@haworthhawks.co.uk



Glusburn Institute Crafts Fair

Christmas is not too far off and once again Glusburn Institute Craft Fair is ready to meet some of your Christmas needs. This event has now become an annual, traditional, pre-Christmas event in the village. The Fair is on Sunday November 15th. The doors open at 10am until 4pm. Admission is free, their will be a raffle, and refreshments will be served all day.



There are 24 stalls booked to date but we could accommodate a few more. Pre booking is necessary. If you are interested in hiring a stall, please ring Jenny on 01535 637940. The majority of stall holders produce unique hand crafted items. We have a wide variety of craftspeople selling pottery, paintings,

illustrations and photography. Hand turned wood items, greeting cards, bags, beaded items, books and toiletries. Hand sewn goods, Christmas puddings, novelties,

flower arrangements and flower arranging accessories.

This event is always an ideal opportunity to purchase affordable Christmas presents with a difference.

An opportunity to Christmas shop locally, without the stress and

support local craftspeople and Glusburn Institute at the same time. The Craft Fair stall hire goes towards the upkeep of the Glusburn Institute, as does raffle income. So do come and join us, Guess the weight of, and win yourself a Christmas cake!



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BUSINESS OWNERS:
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GOT IT!!

I'll say the scary word first...**SOFTWARE** ... and now that's out of the way, it can only get better, so please read on!

You may (like most of us in Business) be struggling to do the real work, usually earning money and working with your products, and then keep up with the admin side, usually in your spare time. The fact is, none of us have free, or spare, time – if we choose to spend our leisure time on our work, it is still a cost to the Business. After all, you could use that time to develop your marketing or products etc. instead of the Admin. However, without good, basic and up to date info about your business progress, then you have nothing to build or develop from - the 'Chicken or the Egg' scenario.

The fact is, you will probably have already invested your IT budget on the best system you could afford, so you are literally at the limit. You will have so many ways of doing things and options, that you will have found a way of doing the basics i.e. Invoicing the Customer, and stopped exploring after making this major and most important breakthrough.

Even where you had initial training on the system by the supplier, it was probably generic and not really related to your business, and more importantly ... if you don't know what to expect or what is possible, then how do you know to look for it?

Even if you had software written for you, you will not be surprised to hear that 70% of software (including bespoke) written is never used!

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Where in the Aire Valley? COMPETITION

Can you identify the building or landmark indicated by the red cross in this photograph?

This month's prize is A Free Day Rover Pass on the Keighley & Worth Valley Railway.

Email your answer to:
mail@worthvalleymag.co.uk

The winner will be selected from all correct answers received by Nov 15, 2009

Google Earth ©



Last month's winner was Duncan Wade of Silsden. The answer was Cougar Park.

WEBSITE OF THE MONTH



By now you're probably racking your brains what to buy your kids or younger relatives for Christmas. Our Website of the Month may be the answer! Gogoblin enables children and teenagers to make free and secure online wish lists for Christmas, birthdays etc. .

When the list is ready they can send parents and friends an email telling them where to find their wishlist. Parents can help younger children browse the carefully selected shops on the site for gift ideas. Gogoblin gives 10% of all purchases spent in their store to children's charity World Vision. There's also a handy guide to this years must have presents. www.gogoblin.co.uk

SUDOKU

			9	7	1			
	1	4					8	7
4				9				3
7		2	4			3	9	8
5				8				2
	5	9					1	2
				8	5	6		

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Can you complete the six words below using the six letters above the door?

NTWUFR

PA_K T_IN
DR_M
MIN_ _LIP
S_OW

Hourglass: PFG / E

Keys: [] []

QUIZ SEARCH

YOU HAVE TO ANSWER THE FOUR QUESTIONS, THEN CROSS OUT THE LETTERS OF THE ANSWERS IN THE GRID. THE FOUR LETTERS REMAINING IN THE GRID WILL SPELL THE NAME OF A PART OF A FISH. WHAT IS IT?

1) What would you normally spread on bread? A) GLUE B) TAR C) JAM	L A N I	V C J L
2) Which of these would you wear on your head? A) TAP B) HAT C) CAP	R M R	O P M
3) Which animal would you find at a circus? A) COW B) LION C) WHALE	T A	I S
4) Which is a type of metal? A) OAK B) SILVER C) GRASS		

ABCDEFGHIJ

I.M. SMART

Answer: PARK, TWIN, MIN, DRUM, SNOW, FLIP
 Quiz Search 1) JAM 2) CAP 3) LION 4) SILVER
 Part of a Fish TAIL Wordshaker PEG

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Say you saw it in the Aire Valley Mag!



“This is Christmas shopping with the added benefit of giving to a worthwhile local charity.”

Thinking ahead to the party season, a mini muffin pan is one of the most versatile and cost effective tools you can have in your kitchen; pair it up with a tart shaper and even the youngest members of the family can join in with making delicious and simple bite-size tarts and appetisers.

This month Aire Valley Mag is working with your local Pampered Chef consultant to support Lilies of the Valley,

the local charity that supports and encourages young mothers and operates from 72 Cavendish St. in Keighley. [\[www.liliesofthevalley.org.uk\]](http://www.liliesofthevalley.org.uk) For every mini muffin pan and tart shaper ordered this month, £4 will be donated to LofV. The mini muffin pan is so easy to use; just roll a small ball of ready made pastry (about the size of a large marble), pop it in each cup and press firmly with the tart shaper. You can also use it for



Mini muffin pan & tart shaper

filo shells, tortilla cups or even puff pastry with your favourite fillings. A few delicious ideas to get you started – check out the news page on my website for another 30 ideas!

www.pamperedchef.biz/nel

1.Goats cheese and caramelised red onion tartlets:

- take a block of ready made shortcrust pastry and cut into 24 pieces. Roll each one into a ball and pop one into each cup of the mini muffin pan. Dip the end of the tart shaper into a little flour and press firmly on each ball to form

the tart shell. Fill with half a teaspoon of red onion chutney and top with a small slice of goats cheese. Bake 15 mins at 200C, gas 6.

2. Crispy filo chicken baskets: take 2 sheets of filo together and cut into squares of approx 2 ½ “ /6 cm . Lightly spray the mini muffin pan with vegetable oil and put one set of squares in each one. Spray with

a little oil and then take another set of squares and put at a 90 degree angle to the first ones, and press the centre down and bake for around 10 minutes until brown and crisp.

Allow to cool and fill with a mix of chopped chicken, celery, garlic, zested lemon and a little mayo or crème fraiche
3.Easiest of all - Chocolate caramel tarts: shortcrust pastry shells with a rolo in the middle!

The deluxe mini muffin pan and the tart shaper together are only £20.70 (Local UK delivery included) of which £4 will go to Lilies of the Valley.To order and support this worthwhile cause, go to www.pamperedchef.biz/nel and “our products” click “how to purchase” and enter “lilies of the valley” into the organisation name. Or you can email nel.hargrave@googlemail.com or text/or call Nel call on 07835 115900 evenings and weekends.

PS – 20% of anything else you order at the same time will also be donated to Lilies of the Valley – so why not start some Christmas shopping early!



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PUZZLE ANSWER

9	7	5	2	4	8	6	3	1
6	3	8	9	7	1	2	4	5
2	1	4	3	6	5	8	7	9
4	8	1	5	9	2	7	6	3
7	6	2	4	1	3	9	5	8
5	9	3	6	8	7	4	1	2
8	5	9	7	3	4	1	2	6
1	2	7	8	5	6	3	9	4
3	4	6	1	2	9	5	8	7

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